

## MEET THE TEAM

# SIDDHANT SHARMA



**ISSA CERTIFIED PERSONAL TRAINER, CERTIFIED YOGA PROTOCOL INSTRUCTOR**

**YEARS OF EXPERIENCE - 3+ YEARS OF EXPERIENCE**

**TRANSFORMED CLIENTS - 20+ CLIENTS**

**CORE SKILLS - STRENGTH TRAINING, FAT LOSS, YOGA, CIRCUIT TRAINING, HIIT**

**WITH MY ABILITY TO CREATE A HOLISTIC & A PERSONALISED WORK OUT REGIME, MY CLIENTS HAVE BEEN ABLE TO ACHIEVE THEIR BODY TRANSFORMATION GOALS. I CREATE FITNESS PROGRAMS WHICH CAN TRANSFORM YOUR LIFE IN & OUTSIDE OF THE GYM. I AM DEPENDABLE, EASY TO APPROACH, FLEXIBLE & CAN MAKE THE WORKOUT FUN FOR YOU.**