

## MEET THE TEAM

# NIKHIL SINGH



**CERTIFIED ACE PERSONAL TRAINER,  
CERTIFIED NASM NUTRITION COACH  
(CNC), CERTIFIED STRENGTH AND  
CONDITIONING SPECIALIST (CSCS)**

**YEARS OF EXPERIENCE - 8+ YEARS  
OF EXPERIENCE**

**TRANSFORMED CLIENTS - 50+  
CLIENTS**

**CORE SKILLS - MUSCLE BUILDING,  
FAT LOSS, CROSS FUNCTIONAL  
TRAINING & HIGH INTENSITY  
WORKOUT.**

**I LOVE TO HELP OTHERS TRANSFORM  
THROUGH FITNESS! ALONG EIGHT YEARS OF  
MY EXPERIENCE IN THE INDUSTRY, I HAVE  
HELPED MANY CLIENTS SUFFERING FROM  
VARIOUS LIFESTYLE DISORDERS LIKE  
DIABETIC, CHOLESTEROL, HYPERTENSION,  
PCOD ETC. ALSO, I AM EXPERIENCED IN  
PHYSICAL REHABILITATION, FAT LOSS, AND  
MUSCLE BUILDING**